Kermanshah University of Medical Sciences
School of Nursing and Midwifery
Department of Emergency and Critical Care

Course Syllabus and Self-Assessment Checklist for Theoretical and Laboratory (Practical) Courses

- **Course Title: Basic Concepts II**

- **Course Code: 21**
- **Academic Degree and Program: Bachelor of Science in Nursing (International)**
- **Academic Semester: Third Semester**
- **Number of Credits: Total: 1 Credit Theoretical: 1 Credit Practical: None**
- **Course Instructor(s) and Credit Distribution: Dr. Azam Sharifi – 1 Credit**
- **Course Schedule (Day, Time, and Semester): Wednesdays, 14:00–16:00 (The second eight weeks of the semester)**
- **Office Hours for Student Questions: Wednesdays, 12:00–14:00**
- **Prerequisite: Basic Concepts I**
- **Place of Instruction: School of Nursing and Midwifery**

Educational Content Based on Course Syllabus

General Course Objectives: (Course description based on the curriculum)
To familiarize learners with selected advanced basic concepts in nursing and their role in providing professional care to patients; and to enable learners to apply knowledge of nursing concepts and care models in their nursing practice across various settings of patient and family care.

General session objectives: (One objective per session)
Session 1: Introduction to the course outline, cellular regulation, homeostasis, and wound injury and repair
Session 2: Introduction to the concept of shock, its types, and principles of nursing care for patients with shock
Session 3: Introduction to sensory perception, types of sensory disorders, and related nursing interventions
Session 4: Introduction to rehabilitation principles and methods
Session 5: Introduction to the concept of self-concept and the nurse's role in caring for patients

with related disorders
Session 6: Introduction to the concepts of spirituality and spiritual health, and the nurse's role in promoting patients' spiritual health
Session 7: Introduction to palliative care and the nurse's role in providing palliative care
Session 8: Introduction to the concepts of loss, grief, and death, and the nurse's role in supporting the patient and their family

Specific Objectives by General Objective of Each Session
General Objective of Session 1:
To familiarize learners with the course syllabus, cellular regulation, homeostasis, injuries, and wound healing.
Specific Behavioral Objectives of Session 1
By the end of the session, the student will be able to:
1-1. Describe the course syllabus, objectives, expectations, learning resources, and assessment methods.
2-1. Explain the principles of internal stability and homeostasis.
3-1. Explain the processes of cellular adaptation, including atrophy, hypertrophy, hyperplasia, and metaplasia.
4-1. List the factors that contribute to tissue injury.
5-1. Explain the types of cellular and tissue responses to injury.
6-1. Explain the process of wound healing.
7-1. List the factors that contribute to delayed wound healing.

General Objective of Session 2
To familiarize learners with the concept of shock, its types, and the principles of nursing care for patients experiencing shock.
Specific Behavioral Objectives of Session 2
By the end of the session, the student will be able to:
2-1. Define the concept of shock.
2-2. Explain the mechanisms underlying the development of shock.
2-3. List the types of shock.
2-4. Describe the causes and contributing factors of different types of shock.
2-5. Identify the clinical signs and symptoms of shock.
2-6. Explain the stages of shock progression.
2-7. Describe the principles of nursing care and nursing interventions for patients experiencing shock.
2-8. Explain the importance of early recognition and timely intervention in patients experiencing shock.

General Objective of Session 3
To familiarize learners with sensory perception, types of sensory disturbances, and related nursing interventions.
Specific Behavioral Objectives of Session 3
By the end of the session, the student will be able to:
3-1. Define the concept of sensory perception.
3-2. Explain the components of sensory experience, including reception, perception, and response to sensory stimuli.
3-3. List the factors affecting sensory perception.
3-4. Explain the concepts of sensory deficit, sensory deprivation, and sensory overload.

3-5. Describe the physical and psychological consequences of changes in sensory function.
3-6. List the types of sensory deficits, including visual, auditory, gustatory, olfactory, and peripheral sensory disorders.
3-7. Explain appropriate nursing interventions for patients with sensory disturbances.

General Objective of Session 4
To familiarize learners with the principles and methods of rehabilitation.
Specific Behavioral Objectives of Session 4
By the end of the session, the student will be able to:
4-1. Describe the concept of rehabilitation.
4-2. Define activities of daily living (ADLs) and identify the tools used to assess the level of independence in ADLs.
4-3. Describe the nursing process for patients with self-care deficits.
4-4. Explain range-of-motion (ROM) exercises.
4-5. Describe the proper use of mobility and assistive devices.
4-6. Explain the interventions required to promote mobility in patients at risk of developing pressure injuries.

General Objective of Session 5
To familiarize learners with the concept of self-concept and the role of nurses in caring for patients experiencing disturbances related to self-concept.
Specific Behavioral Objectives of Session 5
By the end of the session, the student will be able to:
5-1. Define the concept of self-concept.
5-2. List the main components of self-concept.
5-3. Explain the concept of personal identity.
5-4. Describe the concept of body image and the factors affecting it.
5-5. Explain the concept of self-esteem.
5-6. List the factors affecting the development and alteration of self-concept.
5-7. Explain the effects of illness on an individual's self-concept.
5-8. Describe appropriate nursing interventions for patients experiencing body image disturbances.
5-9. Explain the nursing interventions required for patients experiencing low self-esteem and impaired role performance.

General Objective of Session 6
To familiarize learners with the concepts of spirituality and spiritual health and the role of nurses in promoting patients' spiritual well-being.
Specific Behavioral Objectives of Session 6
By the end of the session, the student will be able to:
6-1. Define the concept of spirituality.
6-2. Explain the concept of spiritual health.
6-3. Explain the differences and relationship between spirituality and religion.
6-4. List the factors affecting patients' spiritual health.
6-5. Introduce models and assessment tools for evaluating patients' spiritual health.
6-6. Describe appropriate nursing interventions to promote patients' spiritual well-being.

General Objective of Session 7
To familiarize learners with palliative care and the role of nurses in providing palliative care.
Specific Behavioral Objectives of Session 7

By the end of the session, the student will be able to:
7-1. Define the concept of palliative care.
7-2. Explain the goals and fundamental principles of palliative care.
7-3. List the physical, psychological, spiritual, and social symptoms experienced by patients with life-threatening illnesses.
7-4. Describe the settings in which palliative care is provided.
7-5. Define hospice care.
7-6. Describe the differences between palliative care and hospice care.
7-7. Explain the role of nurses in providing palliative care.

General Objective of Session 8
To familiarize learners with the concepts of loss, grief, and death and the role of nurses in supporting patients and their families.
Specific Behavioral Objectives of Session 8
By the end of the session, the student will be able to:
8-1. Define the concept of loss and list its types.
8-2. Define grief and describe different grief reactions.
8-3. Explain the stages of confronting and coping with death.
8-4. Describe the role of nurses in caring for patients and families experiencing loss, grief, and death.
8-5. Explain the principles of effective communication with dying patients and their families.

Teaching Methods

☑Lecture ☑Panel Discussion ☑Problem-Based Learning (PBL) ☐Team-Based Learning (TBL) ☐Student Seminar Presentation ☐Practical Training and Skills Laboratory ☐Mannequin-Based Training ☐Field Trip ☐Role Play ☐Simulation ☑Other: Small-Group Discussions and Case-Based Learning

Educational Media and Instructional Resources

☑ Slides (PowerPoint) ☐ Educational Videos ☐ Posters ☐ Models ☐ Patient Examples ☐ Software ☐ Pamphlets ☑ Course Handouts ☑ Other: Samaliv Learning Management System for Online Education

Course Evaluation Methods and Final Grade Determination

☐ OSCE (Objective Structured Clinical Examination) ☐ Quiz ☑ Written Final Examination ☑ Midterm Written/Oral Examination ☐ Project ☐ Research ☐ Seminar ☑ Class Participation, Attendance, and Active Engagement ☐ Reasoning-Based Assessments (Scenarios, Puzzles, Key Features) ☑ Other: Question-and-Answer Sessions

Describe	Percentage of Final Grade	Evaluation Method	Type of Evaluation	
	30%	Oral examination, question-and-answer sessions, and active	Formative Assessment	**1**

		participation in class		
	70%	End-of-semester written examination, including multiple-choice and essay questions	Summative Assessment	**2**

References:

- Berman, Audrey; Snyder, Shirlee J.; Frandsen, Gerlyn. Kozier & Erb's Fundamentals of Nursing: Concepts, Process and Practice. Pearson Publisher.
- Potter, Patricia A.; Perry, Anne Griffin; Stockert, Patricia A.; Hall, Amy. Fundamentals of Nursing. Elsevier Publication.
- Taylor, Carol R.; Lynn, Pamela B.; Bartlett, Jennifer L. Fundamentals of Nursing: The Art and Science of Person-Centered Care. Wolters Kluwer.

Course Rules and Regulations

- ✓ Attendance: Regular attendance and active participation in class sessions are expected.
- ✓ Timely Submission of Assignments: All assignments must be submitted by the specified deadlines.
- ✓ Examination and Plagiarism Policy: Any form of cheating during examinations may result in a score of 0.25, a formal warning, or disciplinary action, in accordance with university regulations.
- ✓ Professional Conduct: Students are expected to interact professionally and respectfully with the instructor and other students.
- ✓ Professional Dress Code: Students are required to comply with the standard professional dress requirements applicable in the educational environment.
- ✓ Communication with the Instructor: Communication may be made through the university email or in person.
- ✓ Email: azamsharifi@kums.ac.ir
- ✓ Course Participation: Active cooperation, participation, discussion, and exchange of ideas regarding the topics presented in class are expected.
- ✓ Other Requirements: Students should be prepared to answer questions related to lessons and topics presented in previous sessions. Students are expected to consult the recommended references and supplement the material presented in class.

Schedule of Sessions – Basic Concepts II

Instructor(s)	Topic	Session
Dr. Azam Sharifi	Introduction to the course syllabus, cellular regulation, homeostasis, injuries, and wound healing	1
Dr. Azam Sharifi	Introduction to the concept of shock, its types, and principles of nursing care for patients experiencing shock	2
Dr. Azam Sharifi	Introduction to sensory perception, types of sensory disturbances, and related nursing interventions	3
Dr. Azam Sharifi	Introduction to the principles and methods of rehabilitation – Online Education	4
Dr. Azam Sharifi	Introduction to the concept of self-concept and the nurse's role in caring for patients with related disturbances	5
Dr. Azam Sharifi	Introduction to the concepts of spirituality and spiritual health and the nurse's role in promoting patients' spiritual well-being	6
Dr. Azam Sharifi	Introduction to palliative care and the nurse's role in providing palliative care	7
Dr. Azam Sharifi	Introduction to the concepts of loss, grief, and death and the nurse's role in supporting patients and families – Online Education	8

Test Blueprint – Basic Concepts II (International) Academic Semester: First Semester, 1405–1406 School: School of Nursing and Midwifery Department: Emergency and Critical Care Nursing						
Number of Questions According to Learning Objective Levels			**Number of Questions**	**Instructional Time (Hours)**	**Educational Content**	ردیف
Affective Domain	**Psychomotor Domain**	**Cognitive Domain**				
		3	3	2Hours	Cellular Regulation, Homeostasis, Injuries, and Wound Healing	1
		3	3	2Hours	Shock, Its Types, and Principles of Nursing Care for Patients Experiencing Shock	2
		3	3	2Hours	Sensory Perception, Types of Sensory Disturbances, and Related Nursing Interventions	3
		3	3	2Hours	Principles and Methods of Rehabilitation	4
		3	3	2Hours	Self-Concept and the Nurse's Role in Caring for Patients with Related Disturbances	5
		3	3	2Hours	Spirituality, Spiritual Health, and the Nurse's Role in Promoting Patients' Spiritual Well-Being	6
		3	3	2Hours	Palliative Care and the Nurse's Role in Providing Palliative Care	7
		3	3	2Hours	Loss, Grief, Death, and the Nurse's Role in Supporting Patients and Families	8

چک لیست ارزیابی طرح دوره دروس نظری و آزمایشگاهی دانشگاه علوم پزشکی کرمانشاه

نام و نام خانوادگی استاد/اساتید(سهم به واحد): دکتر اعظم شریفی 1 واحد. مسئول درس: دکتر اعظم شریفی

نام دانشکده: پرستاری مامایی عنوان درس: مفاهیم پایه 2

مخاطبان/ترم تحصیلی دانشجو: ترم سوم کارشناسی پرستاری (بین الملل)

نیمسال و سال تحصیلی کنونی: اول 1405-1406 نام ارزیاب / ارزیابان: دکتر مرادی

ردیف	موضوع	نمره کسب شده	حد نصاب نمره	توضیحات
1	مشخص بودن عنوان کلی درس ،کد درس	0/5	0/5	
2	مشخص بودن مخاطبان	0/5	0/5	
3	مشخص بودن تعداد یا سهم استاد/ اساتید از واحد	0/5	0/5	
4	مشخص بودن زمان ارائه درس (روز، ساعت، نیمسال تحصیلی)	0/5	0/5	
5	مشخص بودن دروس پیش نیاز و هم نیاز	0/5	0/5	
6	مشخص بودن هدف کلی دوره	1	1	
7	مشخص بودن اهداف کلی جلسات (هر جلسه یک هدف)	1.5	1.5	
8	مشخص بودن اهداف ویژه به تفکیک اهداف کلی هر جلسه	2	2	
9	رعایت تعداد جلسات با توجه به میزان واحد درسی	2	2	
10	مشخص بودن منابع مورد استفاده بر اساس کوریکولوم مصوب	1	1	
11	مشخص بودن روش تدریس	1	1	
12	مشخص بودن وسایل آموزشی	1	1	
13	مشخص بودن شیوه ارزشیابی دانشجویان	1	1	
14	مشخص بودن زمان آزمون پایان دوره	1	1	
15	مشخص بودن مقررات کلاسی و انتظارات از دانشجو	0/5	0/5	
16	ضمیمه بودن جدول زمانبندی تکمیل شده درس	2	2	
17	وجود جدول بودجه بندی دروس (blue print)	1.5	1.5	
18	پوشش دادن بایدهای یادگیری (Must learn) در طرح دوره	2	2	
	نمره نهایی	20	20	

پیشنهادات:

نام و امضای مدرس: اعظم شریفی
تاریخ تحویل: 1405/06/04

نام و امضای مدیر گروه:
تاریخ ارسال:

نام و امضای مسئول EDO دانشکده:
تاریخ ارسال :